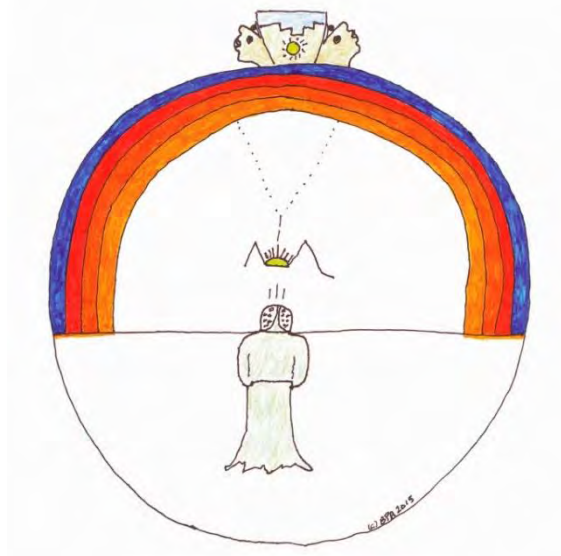


**Catch the Teachings
of Beautiful Painted Arrow,
Joseph Rael,**

**like feathers floating softly down
to touch the Earth.**

Seeds of Peace
newsletter

Issue 32: February 2024



Father Facing Sun Rise Blessing for the People

(copyright © Joseph Rael)

Walking the Medicine Wheel, David Kopacz and Joseph Rael (p.77)

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For this Issue, instead of a 'Comedy Spot', a 'Soft Spot'!

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from Marina Budimir and her loving companion, Sy p.14

Rainbow-cloud Feather cover photo taken 2023-12-24 at sunrise by Stella Longland

Where Do We Go from Here? A New Year's Pondering

a January poem from Tom Bissinger of Birdsong Peace Chamber

The seed corn has been brought in from the field. We rummage through the granary, still gorgeous in the old oak barrels. Winter has barely begun. The virus, having flushed through our airwaves three times, circles the globe, a giant serpent, hungrily devouring minds and bodies.

We draw inward, conjuring our devices to reach out and embrace, a partial victory.

We are numb to numbers, yet devour others when in their presence. Witnessed and witnessing!

Into the darkness, we tell our stories, boring, mundane, banal, and thrilling as a rush of starlings startled. We grow rough-edged, heavy with hued logs, pierced by thorns.

We circle in silence, lifting the cracked fibers of voice to frigid blackness, a torn blister of healing crawling round the dark, gray rock.

The skins of leather drums hang from aging poplars and sassafras, the sky sun beatens down to alert us to our burrowed existence.

Words rotate from our lips to the unseen who await in the vast; we seek the comfort of words and ceremony, laying our ragged fur on the mercy of the great-breasted crane or hawk's haunt;

And a subtle change infects us - a slimmer of innocence babes us; a grief of passing cauterizes the wound, the green fern path welcomes with its shy moisture.

We are not alone. The invisible is still invisible. We are not alone.



Remembering the Visionary Within Us

dreamed as a way to connect with Greatness by Jennifer Lipski on December 29, 2023

We can invite the lost pieces of ourselves back into ourselves. At bedtime, as you near sleep, make a prayer to the parts of yourself that have gone missing or grown quiet. Be sincere with yourself, ask these parts of you for forgiveness, and throw open the door to yourself.

Ask your animal guides and spirit guardians to be present around you, so that you feel safe while these parts of you return. As the pieces of you that have gone missing start to plug in and settle back within you, you may feel an incredible lightness, and perhaps a sense of joy, or surges of energy through the night. Say thank you, to yourself; acknowledge this important effort sincerely.

Be prepared to rest the next day. Preferably do this important dream work on a night where you have extra time to rest the next morning, or have quiet time during the day. This is important to honor; in the morning, say a prayer of gratitude, create a nurturing space with and around yourself.

It is much like when we dance, so similar are the sensations, realizations and reverie. As we are in wintertime in the northern hemisphere right now, we can dream. We can dream dance in this way to excavate the parts of us that have gotten lost or covered over, to the parts of ourselves we have left behind - and in this way, carefully breathe life back into the parts of us that have gotten trampled shut. We can dream dance to gently nourish the parts of us that are hurting - to invite the lightness in, to allow the love in, knitting ourselves back together, reminding ourselves that we are whole. We are visionaries. We are love.



The Cosmos Dreaming us in and out of Perceptual Realities

an Artwork from Beautiful Painted Arrow, Joseph Rael

taa-meh-ney father

keh-aah-ney mother



(copyright © Joseph Rael)

Sound, Native Teachings and Visionary Art, by Joseph Rael (p.70)

Sunset and Sunrise Chantings at the Cave of Clay, on the Moray Firth in Scotland

from the Chamber Caretaker, Stella Longland

For many, many years the people of the House of Mica have organised the December Solstice Chanting for the Peace Chamber Communities Worldwide, setting a theme each year.

This year the theme was:

'At the beginning of time, my soul chose to incarnate to be a chanter for peace at this particular moment in time. It is my soul's calling, part of my purpose for being. It is hard and I may feel weary or hopeless, but despite that, I step up with courage and persistence to play my part in this cosmic unfolding.'

The Cave of Clay chamber chose two chanting hours from the 2023 Solstice Chanting Schedule.

This year it happened that the Sunset in the north of Scotland on December 21st would occur during the opening hour of the 24-hour chant, 3-4 p.m. GMT and this was the first slot.

In this hour, within the remit that was suggested, the focus of the chanting was to honour the year just ending, and, while chanting, to recall the events of 2023, both personal and worldwide, and to give thanks to them. Beauty and Horror were present, and the hour was emotional.

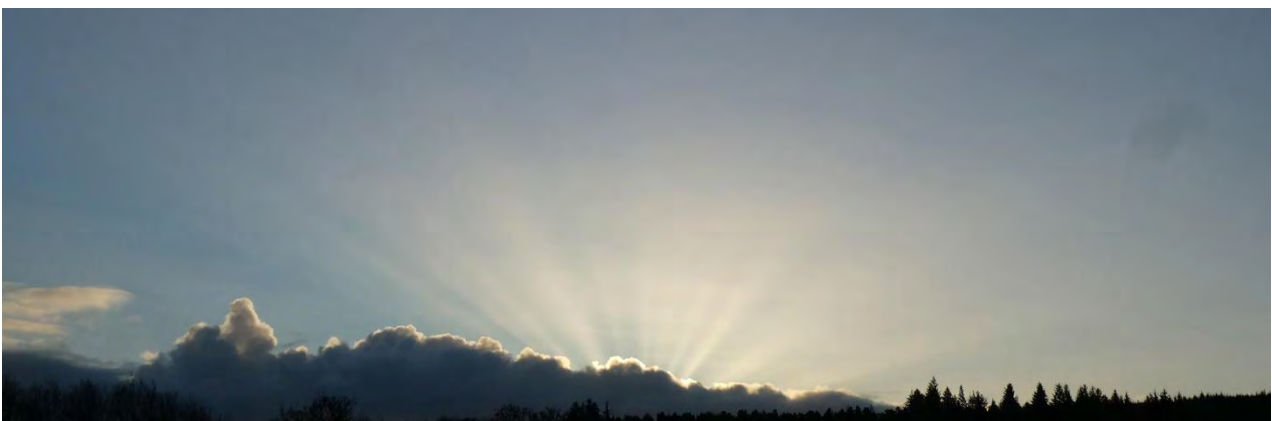
Dah-Vii, the Spirit of the Sound Peace Chambers, who journeys round the globe to help us to bring the 5th World into its highest potential, came to listen to the chanting. As he listened, he stood looking down into the central pit which is the connection to Mother Earth, and I wept silent tears. Did I do enough? Do I do enough? The task seems overwhelming and maybe I let *Dah-Vii* down.

The next day, the chamber's chanting hour was 10-11 a.m. Although the official Sunrise would be around forty minutes earlier, during the chosen hour the Sun would be seen rising above the high ground and the tall forest and would send rays of sunlight into the chamber. This had to be imagined this year as thick cloud shrouded the area.

In this hour, the focus would be to honour the coming year, 2024. During the chanting, a group of words came into my mind, 'Love', 'Living', 'Life'. From being separate words, they became a chant and then they became a song. The song-chant played with them; they fell apart, they reconfigured and somewhere, somehow, they became attached to other bits of wording, then loving, laughing, alive and thrive, lively, leaping, lovely, lives, lifting, sifting, shifting and many, many more variations joined the song; really joyful!

Inspired by the chant that Rick recorded, the idea came that the initial letters of the war-torn areas, P, I, and U, R, would form the first 4 letters of the word PURITY and the following T and Y would represent Time and the Ceremonies of Peace which will bring the conflicts to an end. After chanting PURITY, I felt it would be beneficial in the new year to continue chanting PURITY in the chamber with this intent.

During the Solstice Chanting hours, the knowing of what people can do to other people, particularly in war, was unbearable, but, in a moment of silence during the Sunrise chanting, I experienced a shift and felt a call to focus more intently in the Cave of Clay chanting in the coming year on our collective human responsibility for what is happening to Life on our Mother the Earth.



Solstice Chant Reflection, Some Poetry to the River Clawdd Offa

that I sat by in Wales to sing to, blessings and love in the new year, Leigh Sager



The river is a bowl, a basin, a womb; both ever moving and in constant stationary stillness, travelling and waiting.

She carries my song, my voice, my flute, the exhale of my heavy breath. It flows downstream along with her own melody, the rushing and splashing of water and stone, our chanting mingling together in inseparable union.

And yet also my impression on the river bank, the echoes and vibrations of my existence, stay in this place, imprinted in the grass and pebble nearby that I have shifted with my toes.

I am held by the womb of the mother. I am transported and settled. I am courageous and I am hopeless, peaceful and raging, persistent and exhausted. I am one, and I am everything.

A new dawning is ushered in by the waters of transformation and of preservation. The river, she asks us now to hold the multiple truths of life, and to wade into the deep current.



Solstice Reflections from a Snow-blanked Mountain in Colorado

from Lisamarie Windwalker

Thank you so much to the House of Mica, for organizing the annual 24hour Sound/Peace Chamber Solstice Chanting for Peace! Deeply Meaningful and Touching!

The Dodecagon Community here in Colorado enjoyed connecting through various Solstice Ceremonies, including chanting during our time slot with the Sound/Peace Chamber Communities.

The photo below is of our Solstice Altar.



The second photo is of a Beloved Earth-dance-space where we offered a Solstice Water Calling and Gratitude Ceremonial Spiral-Dance.

We offered the Fire Ceremony Waters from December 7th to the Roaring River (that is its actual name) and the 7 directions. We danced an umbilical cord from the River into the spiral that you see in the photo.



The shadow of this little conifer pine is facing directly North, which I found poignant, the direction of Teachability.

My Beloved Partner and I have decided to add the chants Key-Ya-Tah and Waa-Chee-Pu-Chi to our daily chant service before Zazen.

Wild Winter Blessings of Loving, Dreaming and Peace-ing from a snow-blanked mountain in Colorado,

Lisamarie Windwalker and the Dodecagon Community



Going back to our Originality

text from a recording by Joseph Rael referenced in his book, *Sound, Native Teachings and Visionary Art*

“In 1983 I had a vision, a vision to create chanting places for different people and, in that vision, I was told exactly what chanting was. And I was told in that vision that the original chant was what created the here and now. Present orientation was created by chant, the original chant, and so when we chant, we can go back to our originality, we can go back to our origins, and when we go back to our origins, we can see the potential possibility that was there and that is still there. By going back to it, we can enhance what we do here, in the here and now, because it would be pure understanding and it will not be manipulated thought, but it will be pure essence.

And so, through chanting we can go to the pure essence that created the first resonating vibration of everything that we call ‘form’ here, in other words we go back to formlessness and to that place where everything first started. We can get to this place by becoming childlike, by becoming teachable.”

Listen to him speaking these words on the web page: [audio files from Sound – Seeds of Peace newsletter](#) in the section titled: *About Sound and Ceremony*



Invitation to help build a new Sound Chamber for Peace in Zagreb, Croatia
~ work as worship / spiritual ceremony
from Lukas and Marina Budimir, Caretakers of the Coming Chamber

We have just laid the foundations for a new Sound Chamber for Peace outside of Zagreb, Croatia, Europe.

It is going to be 39 sqm = 420 sqft, on the picture to the right you can see the old farmhouse and barn, that are there already, with the drawing of the chamber superimposed in its approximate location.

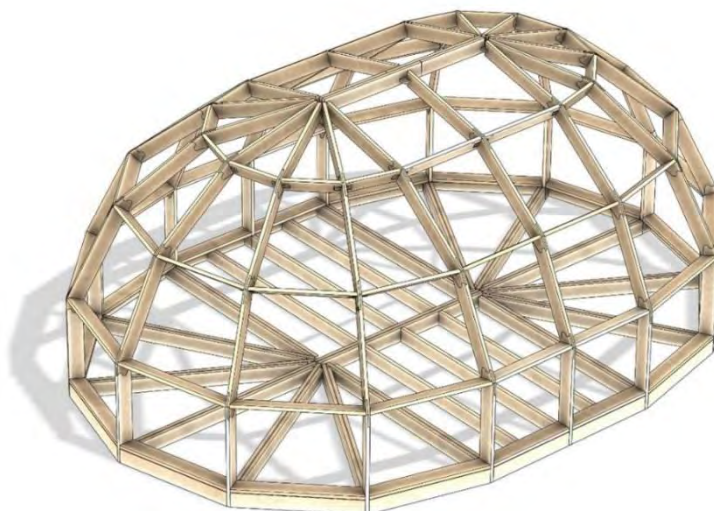


From **16th to 30th of March** we will assemble a prefixed wooden building and **we need help!**

If you come to help with the construction, besides working together as a ceremony, there will be breaks, there will be food prepared together, and there will be openness to wishes and suggestions.

If you are interested in helping,

please contact Marina and Lukas Budimir at soundchambereurope@gmail.com and you will receive all the practical information needed. There is also a small budget to help with travel costs if needed and every helper can use the farmhouse for a private holiday afterwards.



More than 100 Sound Chambers for Peace have been built around the world, the war gods were taken home by Joseph Rael- Beautiful Painted Arrow, since their time had passed, but there is still war in the world. See the story of the war gods here:

<https://www.youtube.com/watch?v=MXXMQAjNuLo>

That does not mean that we give up, it means that we have to build some more. Please consider building one where you live!

Our ways of thinking are very hard to change. We still believe that we can destroy the world without consequences, that we can take without giving, that we can put others down to make us feel better ourselves, that we can use power over others for our personal gain instead of the common good. We have to realize, that anything we do to others, we do to ourselves. We have to bring balance to our way of living, we have to work together.

above: Lukas and Marina Chamber builders

A Footnote from Lukas: If you are curious why we should build Sound Chambers for Peace and what they exactly do, please see issue 31 of this *Seeds of Peace* Newsletter, which is available through this link:

<https://seedsofpeace.news/issue-31/> . From this same site, you can download previous issues of the *Seeds of Peace* newsletter which explore the Teachings of Beautiful Painted Arrow, Joseph Rael.

Or see the video *Introduction to Sound Chambers* on youtube: <https://www.youtube.com/watch?v=Rs63R2OLdhw>



Croatia in white on the map above



Singing the Song of Singing Bowl

text from a recording by Joseph Rael referenced in his book, **Sound, Native Teachings and Visionary Art**

Joseph is talking about his life as a boy in Picuris Pueblo, the home of his father's Tiwa speaking people.

"..... as we grew older, maybe when we were 7, 8, 9 years old, we'd begin to learn how to chant. And the way they taught us to chant was that they would pick a bowl full of water and they would say, "Sing that bowl a song." And they would say for us to allow ourselves to enter into the vibration of the water and of the bowl and that the water and the bowl then would intuitively give us the song that it was singing to God.

By chanting the vibration of the water in the bowl and the bowl itself and the ground, those combinations, would give us the resonating vibration in the way that ceremonial bowl could be used to enhance Ceremony. The bowl actually would tell us how water might be used in that particular Ceremony because the vibrations of the water would represent ... infinite light of the universal intelligence of light, and the bowl was the symbol of time and timelessness, and the earth was the vibration of all of the eternities holding the principle of time and timelessness inside of the continuum of light which was the water in the bowl, out of that would come a Ceremony and the chanting that was taking place by say, one elder, two elders, or say, a child, singing to the bowl, the actual singing would then begin to communicate the next steps that were to occur naturally in the ceremonial context and in doing these Ceremonies the village was reinforced not only mentally but also emotionally, spiritually and physically."



Song of Singing Bowl (copyright © Joseph Rael). *Beautiful Painted Arrow Visionary Art Cards Booklet* (p.72)

"These Ceremonies then were held in order to keep the bond between all of the People. The People as I use it in *Being and Vibration* means 'vibration'. So, the villagers wanted to keep this vibration not only among themselves, the humans, but also, they wanted to keep a bond with the plants and the trees, and the rivers and the oceans and all things on the planet because they were integral parts of being inside of the understanding of what we know today as the Medicine Wheel."

Listen to Joseph speaking these words on the web page: [audio files from Sound – Seeds of Peace newsletter](#) in the section titled: *About Sound and Ceremony*, find the mp3 titled: *Sing a Bowl a Song*



Teachings from my Father on the Vibration of “Weh-leh”, to Inspire our Dancing in 2024
from Vision Dance Guardian, Geraldine Rael, Eldest Daughter of Joseph Rael

Happy New Year everyone! My wish is that everyone is well and happy.

We are now in the year, 2024. Using numerology, these digits break down to $2+0+2+4 = 8$. Using my father’s Picuris teachings, the spirit in the number of 8 is, “*weh-leh*.”

The Tiwa word, “*weh-leh*” means ‘to fall’ or ‘to lie down’. My father says, “At some point, everything has to lie down.” He says, “So, in fact, we lie down to rest because inspiration is also saying we have to fall into the foundation of life.” He says, “The sheep is the symbol of foundation. When we put the hide of a sheep on anything and we sit on it, we are sitting on the foundation of life. When we do our sheep dance at the Picuris Pueblo it is to honor the foundation of life. The sheep is the metaphor, it is a symbol, it is the sacredness of foundations.”

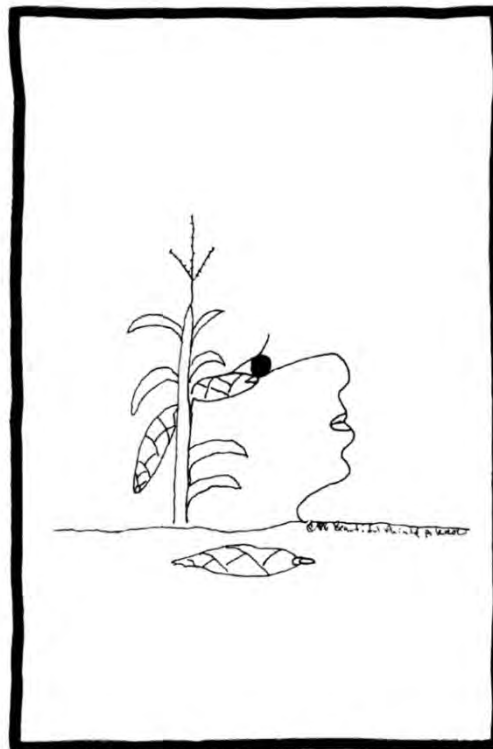
He goes on to reiterate, “*Weh-leh* is to fall. Remember I said we need to do the things we were taught not to do. We have to embrace the very things we were taught to avoid. We were taught not to fall, to avoid falling. Now, at the point of *weh-leh*, we must embrace the fall. Otherwise, we can’t complete the creation.”

(You can find more on this Teaching in my father’s book, *Sound, Native Teachings and Visionary Art* p.219- 221.)

What I will offer for our Beautiful Painted Arrow Vision Dances in this year of 2024 is this: In our lives when we fall, we get up. From falling and getting up comes INSPIRATION. Why? Because we are more apt to appreciate.

My father says, “I have now grasped. I now know.”

W H E H - L E H



Ears of corn have *matured*

The corn falls—it lies on the ground

(copyright © Joseph Rael)

The words below the picture are from *The Way of Inspiration*, by Joseph Rael, published 1996, *The Way of Inspiration* was later incorporated into *Sound, Native Teachings and Visionary Art*





Beautiful Painted Arrow Dance Dates for 2024 from February to the end of May

published in the newsletter with permission from the Chiefs of the Dances listed

A Note from the Editors:

Dear Readers, for the first time, we are including a Dance list in the newsletter for those of you who would be interested in experiencing first-hand any of the 3 Vision Dances gifted to us by Joseph Rael, Beautiful Painted Arrow. When Joseph hung up his hat (see the *Cosmos Dreaming* artwork on page 4) he appointed his Eldest Daughter, Geraldine Rael, to be the Vision Dance Guardian. Geraldine is the person to approach for clarity on matters concerning these Dances. She can be contacted on this email: geraldinerael382@gmail.com .

There are 4 newsletters each year. In this Issue, the listing is for Dances scheduled to take place in February to the end of May. The May Issue will list Dances in May to the end of August. The August Issue will list Dances in August to the end of November. The November Issue will list Dances in November to the end of February.

In this way, as well as giving the information to our readers, we hope to include Dances that were decided on after the publication of the Dance Schedules at the beginning of the Year. Chiefs and Co-ordinators can send us details when they have them, and also inform readers of changes of date, or other details, if they occur.

2024 February - end of May: Beautiful Painted Arrow Long Dances, Drum Dances and Sun-Moon Dances



February 21 - 22 LONG DANCE, Croatia.

Chief Luka Hodak - lukahodak30@gmail.com



March 08 – 10 DRUM DANCE, Cascavel, Brazil.

Chief Madha Gatto - madhagatto@gmail.com



March 20 - 21 LONG DANCE, Bolivia.

Chief Miguel Kavlin - miguelkavlin@gmail.com



March 28 – 31 SUN-MOON DANCE, Sao Paulo, Brazil.

Chief Felicity Macdonald - fggmacd@gmail.com

Coord Alexia Pescuma - contato@mooncircle.com.br



March 29 - April 1 SUN-MOON DANCE, Victoria, Australia.

Chief Jennie Coles - sevencirclesoz@gmail.com



April 11 - 14 SUN-MOON DANCE, Arizona, USA.

Chief Jane Innmon - peoplegardener@gmail.com



May 24 - 25 LONG DANCE, Izu, Japan.

Chief Jennie Coles - sevencirclesoz@gmail.com



May 25 - 28 SUN-MOON DANCE, Pagosa Springs, Colorado, USA.

Chief Geraldine Rael - geraldinerael382@gmail.com

Those of us who put the newsletter together hope that the Chiefs and the people attending will feel it is appropriate to send us articles about their 2024 Dance experiences so that the wider community can read about the Beauty and the transformative Power of these Beautiful Painted Arrow Dance Ceremonies

If you would like the annual dance schedule for 2024, soon to be released in pdf.

please contact Jane Innmon peoplegardener@gmail.com



The Metaphoric Mind, a Teaching from Joseph Rael

***Sound, Native Teachings and Visionary Art, by Joseph Rael (p.160)
and Being and Vibration, published in 1993 (p.142)***

“God is in everything. As we work with metaphor we discover the connections among all things; we enter the No-mind, God's mind. We become poets and artists, composers, seeing everything through the poetic, artistic, musical mind. We see things from metaphor and are filled with awe. At that moment we are coming from a base of love rather than a base of fear, because fear is an attribute of the rational thinking mind. Through metaphor we can go beyond the rational, to enter the all-loving, all-pervading mind of God.

Our rational, thinking mind does not disappear. It is fused with the metaphoric mind, the mind of God. In the metaphoric mind, there is righteousness based in love. The metaphoric mind swallows up the fear-based thinking mind.

Now, our souls no longer hunger for peace and solitude because at every moment the soul is being fed from this place of love. No longer are we stuck on the surface of the material, but we have gone through the material to reach its essence. Our souls are drinking the light of the essence of the material plane. The loving mind of God has swallowed the thinking mind, owned it and swallowed it into the larger mind. At that moment all there is is love.

Everything that is perceivable to us is now showing us how God is kissing all forms into life, through breath, matter, and movement. God gives sustenance to life.

In other words, metaphor is how God insists upon inspiring our innate God-given gifts - gifts we received at birth – into fully awakened states so that we may materialize them throughout our living moments.

In order to become people full of awe for life, we enter, through metaphor, into ceremonies of the living spirit.”



Mother Earth and Mother Nature, Working with the Red Road Cards

insights through chanting from Stella Longland

It was the first chanting of the New Year in the Cave of Clay Chamber. In our meetings we often work with the pack of 20 Red Road cards, introducing them in various ways as we work with the Medicine Wheel that is embodied in the structure of the Chamber building, receiving inspiration from them and, with their help, creating living metaphors for the benefit of this 5th World of *Pah-nu*.

“Pah-nu - 5 - Crystallizing light ~ Pah is the light of universal intelligence.

Nu is the vibration of carrying.

With *pah-nu* we are carrying the Vast Self of Light, the Infinite, the Eternal Light that never stops.

When you repeat an action, it becomes you.”

Sound, Native Teachings and Visionary Art, by Joseph Rael (p.187)

The cards help us to access the wisdom of the past, the present and the future, and to bring our personal vibration into harmony with the ever-moving energy of Life.

They truly seem to hold infinite wisdom, maybe that is because they are Artworks and are unlikely to become stuck in the form, whereas words can soon become cliches.

So, in this first session of 2024 it happened that 2 of the cards were placed side by side on the altar that is placed against the wall in the north-west of the Chamber.

to the right, Mother Earth

and

to the left, Mother Nature



Core of the Earth
Mother Earth and the Flowering of Life



corn field, steams, innocence
Mother Nature of Fields and Streams
A Child of innocence born in every moment
a cloak of feathers

I had often wondered why there were two Mother cards side by side and why they were placed in the Spring season. “So similar,” was my casual thought, but despite quite a few years of working with the card pack there had never been a moment when insight came to me on this question, until this day as they lay side by side on the altar that is made of a section cut through a Scots Pine trunk showing all the growth rings.

We chanted, “Mother Earth – Mother Nature”, and we sang their song, their songs. When I looked at the cards again, insights shone out of them with crystal clarity:

Mother Earth is the bedrock, the solid foundation of all that comes in time after her. Her eyes are closed, and her feet tell me where to look to find the Great Mystery of Mother Earth, in the Core of her Being. In each hand a plant in a pot grows upwards, absorbing the Sunlight, signalling the moment that enabled Life to become.

Mother Nature is the abundance of that becoming. On this card a tiny medicine bag floats unobtrusively in space and a child of innocence is born from the landscape, looking like a human child.

Mother Earth is the foundation of Life, and Mother Nature is the stream of creativity that is Life unfolding.

There is much, much more, to be inspired by on these cards, but what I drew from them on that chanting day was that Mother Nature is not here for me, and that Mother Earth is infinitely more steadfast and reliable than I am! Obvious conclusions, but never experienced before with such reality by me. And, on the upside, I am not separate from them, I am a part of them, I am them, and that is not a metaphor.

And then, in my metaphoric mind, I see that my more personal bedrock is formed by the Visions and Teachings of Beautiful Painted Arrow, Joseph Rael, and that my Mother Nature is living an inspiring life searching to realize Highest Potential for Life on this Planet.

The 2 cards featured above are from the *Beautiful Painted Arrow Visionary Art Cards* available to buy here: [Beautiful Painted Arrow Visionary Cards – The Path of the Red Road](#)



Have You Ever Wondered How Dogs Experience Chanting?

from Marina Budimir and her loving companion, Sy



Have you ever wondered how dogs experience chanting?

Let me tell you about **my dogess Sy**.

She's no ordinary dog, she thinks she's a cat,
and in summer **a dog soldier**.

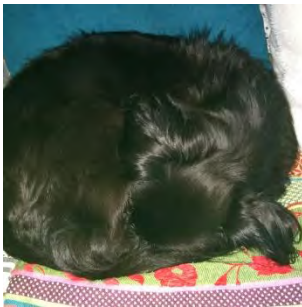
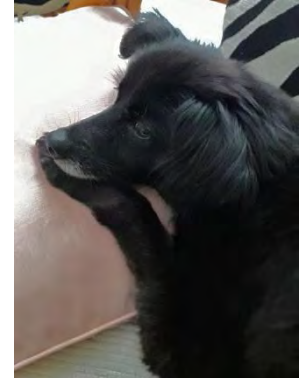
(on guard to the left!)

In winter, with the solstice approaching, she is neither – she is **a chanter!**



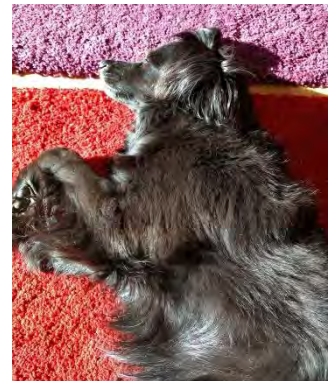
A – this vowel gets her going as she paces,
jumps on the sofa,
tickles me with her tail,
stares at me with impatience.

E – seems to calm her somewhat as she finds
placement, cuddling up to me and placing
her head on my leg, or jumping into my lap.

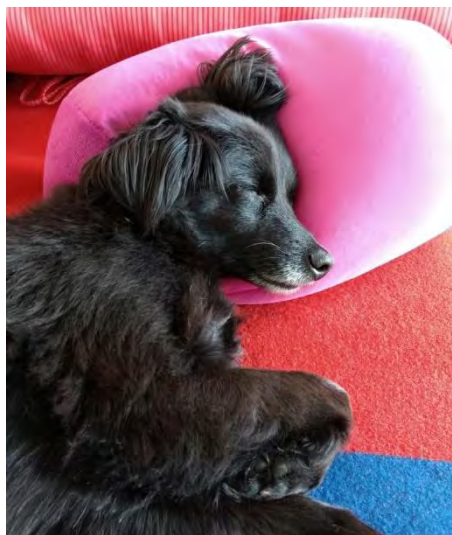


I – This vowel is very soothing and
she is very still, breathing deeply.

O – Now she is in the Zen zone,
chilled out and relaxed.



U – Sy doesn't snore, but
this vowel carries her into
full-body relaxation
and sleep.



So, never underestimate the benefits of chanting for you and your pet.
It relieves stress and anxiety, improves emotional well-being,
can boost sleep quality and improve memory and focus.



(photos from Marina Budimir with permission from Sy)



NEXT ISSUE *Seeds of Peace Issue 33*

publication target date: May 5th 2024

please email your articles for inclusion to us before April 15th
to stellalongland@btinternet.com or marinabudimir@gmail.com

About submitting articles:

Anyone who is studying Joseph's Teachings is welcome to submit an article, with accompanying photos and images. The editorial committee will also be actively seeking articles. In either case, the editorial committee reserve the right to decide if submissions will be included.

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Editorial policy: *Seeds of Peace* newsletter seeks to connect people who love and follow the Teachings of Joseph Rael, Beautiful Painted Arrow, creating a space where ideas and experiences generated by his Gifts can be shared, forming an archive of material for the future.

Disclaimer: We endeavour to publish accurate material and ask readers to let us know if any of the facts given are not correct. However, the views expressed in the articles are the personal responsibility of the writer and are not necessarily those of members of the editorial committee, nor indeed, of our Teacher, Joseph Rael.

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Related websites:

<https://www.geraldinerael.com> : the website of our Vision Dance Guardian, Eldest Daughter Geraldine Rael.

Geraldine is the person to approach for clarity on matters concerning the 3 *Beautiful Painted Arrow Vision Dances*. She can be contacted via the website and by email: geraldinerael382@gmail.com.

<https://beingfullyhuman.com> : the blog of David Kopacz, Joseph's co-author.

Joseph Rael — MILLICHAP BOOKS : publisher of *Being and Vibration: Entering the New World* and other books by Joseph Rael, plus many videos of Joseph Teaching to view.

www.peacechamber.co.uk : a website covering the Chamber Vision and the manifestations of Sound Peace Chambers worldwide (a little out-of-date but nevertheless plenty of info).

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