

## Audio Recordings by Beautiful Painted Arrow, Joseph Rael



In the book **Sound, Native Teachings and Visionary Art** by Joseph Rael, on page 225, there is a list of web-links to a series of recordings from Joseph Rael on subjects which relate to parts of the text of the book, and the list gives the page reference. Those links are no longer current, but you can listen to the recordings on this website at this link: <https://seedsofpeace.news/715-2/> where they are grouped under these headings:

**vowel sounds and their meanings** (6 files), **About Sound and Ceremony** (16 files), **Message to the Elders** (1file), **numbers 1-10 in Tiwa** (10 files), **Chanting and Drumming** (2 files).

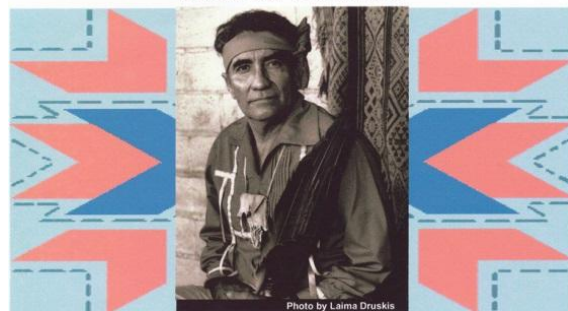


### Other Sound Recordings from Joseph Rael are:

**2006** a digitally re-mastered set of 12 cds called **Sacred Sounds**:

- cd-01. Sunrise Song. Moon Song. Two-Legged's Call.
- cd-02. Sounds of the Face Part 1: Mouth. Nose.
- cd-03. Sounds of the Face Part 2: Ears. Eyes.
- cd-04. Sunrise Chant. Light Song of the Singing Heart.
- cd-05. Elk Dreamer. Walking to Chimayo.
- cd-06. Climbing Face of Spirit God. Circle of Life.
- cd-07. Shaman and the Bridges of Sound.
- cd-08. Sounds of the Elements Part 1: Water. Earth.
- cd-09. Sounds of the Elements Part 2: Air. Fire.
- cd-10. Sounds of the Elements Part 3: Ether.
- cd-11. Sounds for the World.
- cd-12. Seeds of Peace. Echo Caller. Mother Earth is Calling.

### Beautiful Painted Arrow / Joseph Rael Sacred Sounds



*above: front cover of Sacred Sounds*

*These recordings are now available via downloads from: [www.houseofmica.org/products.html](http://www.houseofmica.org/products.html)*

From the back cover of the case that holds the set, here is an inspiring quote from Grandfather Joseph:

*'Try chanting as a group until you have gone back to heal all of the ancestors back in time.*

*Try 100,000,000 years and forward the same way.*

*We can heal the future before it happens for the future generations.'*

This cd set gives access to many of the sound teachings that Joseph Rael, Beautiful Painted Arrow, has given to us. It is thanks to the House of Mica Sound Chamber group that the cassettes tapes of these recordings were collected and transferred to cd.

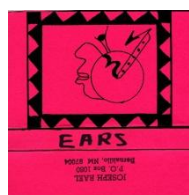
All these audio tapes are full of precious teachings which are given an extra dimension, or more, through the voice of our Grandfather.

Many of these recordings, such as the **Sounds of the Face** and the **Sounds of the Elements**, were made between **1987** and **1989** which means that much of this body of work predates the appearance of Joseph's work in print.

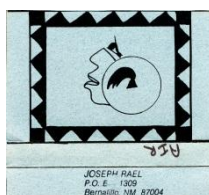
*below are images by Joseph Rael, Beautiful Painted Arrow, from the covers of some of the original cassette tapes.*



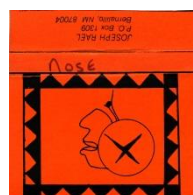
*Sunrise Chant*



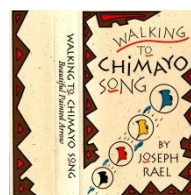
*Ears*



*Air*



*Nose*

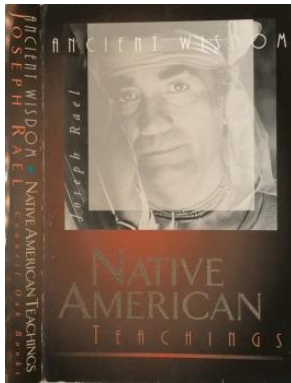


*Walking to Chimayo*



recorded in **1994**

## **Ancient Wisdom**



### **Native American Teachings**

This publication consists of 2 cassette tapes which are boxed to look like a book, it even has an ISBN.

These recordings are not available in any other format, and, if it is possible to get them at all, it will be second hand.

(Council Oak Books) ISBN: 0-933031-95-1

*above: front cover of Ancient Wisdom box*

*excerpt from the text on back cover*

'Brought up in a culture where the extraordinary was ordinary Joseph Rael, Beautiful Painted Arrow, explains the way that fasting, dancing, and chanting can help people to see beyond everyday reality into the spirit realms.

'The tapes end with a meditation chant created especially for this recording. The chant carries the listener into an altered state of awareness where the non-verbal power of the teachings can be fully appreciated.'



## **Provenance**

This list was compiled by Stella Longland, a member of the editorial committee, for the *Connections to the Source* page on the website of the *Seeds of Peace* quarterly newsletter: <http://seedsofpeace.news>.

If you are aware of any omissions or errors in this list, please contact the editors through the site email:

[editor@seedsofpeace.news](mailto:editor@seedsofpeace.news).

This is one of the four lists of the published forms of media that are focused on Joseph's Visions and Teachings available on the *Connections* page. Their titles are:

Seeds of Peace newsletter Contents.

Audio Recordings of Beautiful Painted Arrow, Joseph Rael.

Books by Joseph Rael and his co-authors.

Videos and DVDs featuring Joseph Rael, Beautiful Painted Arrow.

