

Geraldine Rael, Vision Dance Guardian and Caretaker of the *Wah Chi Chi Hu* Peace Chamber in Colorado, received the inspiration that we could work more closely together to honour the original purpose of the Chambers as houses for Peace. Joseph Rael, Beautiful Painted Arrow, our visionary Teacher, called the Chambers "Generators of Light" and often referred to the "Web of Light" that the Chambers create around the planet.

In response to Geraldine's call, Rick Cotroneo brought forward a ceremony, developed at the House of Mica Chamber, called "Medicine Bundles Seeding the Waterways with Prayers". In the Autumn of 2025 this ceremony was held 3 times, in September, October and November on the day of the New Moon.

Now it is offered here as a stand-alone ceremony that can be held at any time by groups or individuals. Bear in mind that the sacred items in the bundle need to be bio-degradable objects that will not damage the environment.

This is the form of the ceremony:

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### "Seeding the Waterways with Prayers"

Prepare a square piece of cloth, something like 16" x 16" (42cm x 42cm), and place it on a flat surface. Have the ceremonial leader take cornmeal (ground maize) in their hands and, starting in the East, going in a circle drip the cornmeal on the cloth, making a small mound and offering prayers at each Cardinal Direction, East, South, West and North. When that is done, you will have a complete circle "drawn" with cornmeal on the cloth. Then, offering prayers to the Earth and Sky, the leader will place a little cornmeal in the center of the circle.

Ask another person to use tobacco to offer prayers and to "draw" two tobacco lines on the cloth, one from East to West and a second from North to South. You'll have a basic medicine wheel now.

Then ask each person to add their prayers to this medicine wheel by carefully placing cornmeal, tobacco, small stones or crystals, sacred ash, or any other sacred object onto the cloth. Instruct the group to do this carefully, with awareness that you are collectively creating a Medicine Bundle for the Earth. It will be a collective piece of art, usually very beautiful.

After everyone has added to the medicine wheel, chant the vowel sounds or other chants to energize the medicine wheel. You can also invite people to share any insights or messages they may get.

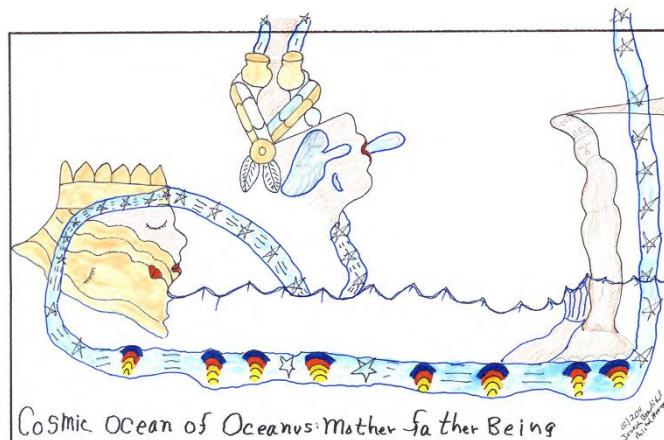
When all is ready, fold the opposite corners of the cloth to each other as you would when making a tobacco bundle and then tie it with a string. This is the ceremony of making the Medicine Bundle.

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The last step is to choose a person, or it can be more than one, to take that Medicine Bundle to a body of water, untie it and drop the contents into the water. Choose, if possible, a body of water that will carry our prayers to the Ocean. In time the water will evaporate to form clouds and then our prayers will rain down to nourish all places on Earth. This release does not have to be done on the day of the ceremony.

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As with all things, when doing this ceremony "don't get stuck in the form",  
let it be alive and unfold from inspiration.



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