

## Audio Recordings by Beautiful Painted Arrow, Joseph Rael



In the book **Sound, Native Teachings and Visionary Art** by Joseph Rael, on page 255, there is a list of web-links to a series of recordings by Joseph Real on subjects which relate to parts of the text of the book and the list gives the page reference. Those links are no longer current, but you can listen to and download the recordings on this website at this link: <https://seedsofpeace.news/715-2/> where they are grouped under these headings:

**vowel sounds and their meanings** (6 files), **About Sound and Ceremony** (16 files), **Message to the Elders** (1file), **numbers 1-10 in Tiwa** (10 files), **Chanting and Drumming** (2 files).



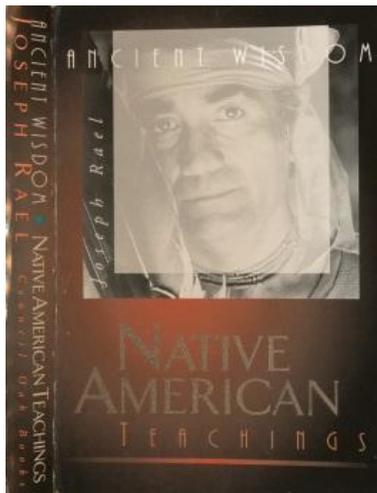
Some of the recordings which are connected to the book **Sound, Native Teachings and Visionary Art** have their origin in the set of 2 cassette tapes described below.

The files that originate from the cassettes can be found on the webpage above in the sections entitled **vowel sounds and their meanings** (6 files) and **About Sound and Ceremony** (16 files), and from the **Chanting and Drumming** section, the mp3 under the sub-heading of **Drumming: the Vowel Song**.



recorded in **1994**

### Ancient Wisdom



### Native American Teachings

(Council Oak Books) ISBN: 0-933031-95-1

This publication consists of two cassette tapes which are boxed to look like a book, it even has an ISBN.

On these two 40-minute tapes, the contents of the recordings listed above were originally presented as one talk.

These original cassette recordings are not available now, and, if it is possible to get them at all, it will be second hand.

*above: front cover of the Ancient Wisdom box*

*excerpt from the text on back cover*

'Pueblo and Ute visionary Joseph Rael (Beautiful Painted Arrow) discusses the nature of divine creation in this two-tape set. Brought up in Picuris Pueblo, where the extraordinary was ordinary, he shares the insights learned from his shaman grandfather. The meaning and power of Native American ceremony comes clear as Rael discusses the use of fasting, dance, and chanting in ceremony to break through the facade of ordinary reality into the spiritual realm.

The tape ends with a meditation chant created by Beautiful Painted Arrow especially for this teaching. As he chants, the listener is carried into an enhanced state of awareness. Intuitive powers are heightened, expanding capacity to make use of the concepts articulated in these teachings.'

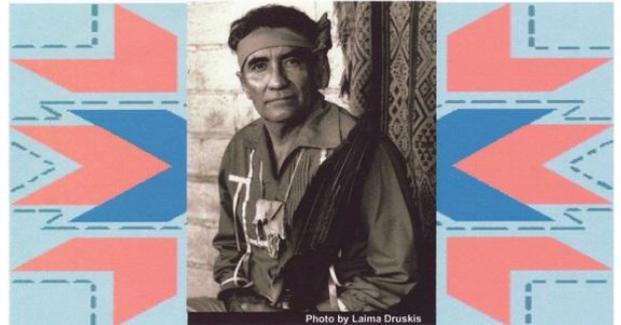


**Other Sound Recordings from Joseph Rael are:**

**2006** from the original cassette tapes, a digitally re-mastered set of 12 cds called **Sacred Sounds**:

- cd-01. Sunrise Song. Moon Song. Two-Legged's Call.
- cd-02. Sounds of the Face Part 1: Mouth. Nose.
- cd-03. Sounds of the Face Part 2: Ears. Eyes.
- cd-04. Sunrise Chant. Light Song of the Singing Heart.
- cd-05. Elk Dreamer. Walking to Chimayo.
- cd-06. Climbing Face of Spirit God. Circle of Life.
- cd-07. Shaman and the Bridges of Sound.
- cd-08. Sounds of the Elements Part 1: Water. Earth.
- cd-09. Sounds of the Elements Part 2: Air. Fire.
- cd-10. Sounds of the Elements Part 3: Ether.
- cd-11. Sounds for the World.
- cd-12. Seeds of Peace. Echo Caller. Mother Earth is Calling.

**Beautiful Painted Arrow / Joseph Rael  
Sacred Sounds**



above: front cover of Sacred Sounds

These recordings are now available via downloads from: [www.houseofmica.org/products.html](http://www.houseofmica.org/products.html)

From the back cover of the case that holds the set, here is an inspiring quote from Grandfather Joseph:

'Try chanting as a group until you have gone back to heal all of the ancestors back in time. Try 100,000,000 years and forward the same way. We can heal the future before it happens for the future generations.'

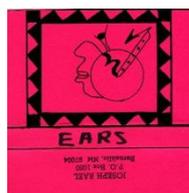
This cd set gives access to many of the sound teachings that Joseph Rael, Beautiful Painted Arrow, has given to us. It is thanks to the House of Mica Sound Chamber group that the cassettes tapes of these recordings were collected and transferred to cd.

All these audio tapes are full of precious teachings which are given an extra dimension, or more, through the voice of our Grandfather. Many of these recordings, such as the **Sounds of the Face** and the **Sounds of the Elements**, were made between **1987** and **1989** which means that much of this body of work predates the appearance of Joseph's work in print.

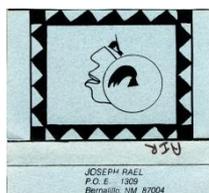
below are images by Joseph Rael, Beautiful Painted Arrow, from the covers of some of the original cassette tapes.



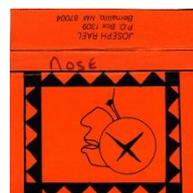
Sunrise Chant



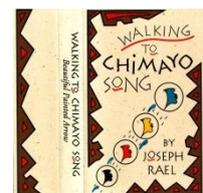
Ears



Air



Nose



Walking to Chimayo



**Provenance**

This list was compiled by Stella Longland, a member of the editorial committee, for the *Connections to the Source* page on the website of the *Seeds of Peace* quarterly newsletter: <http://seedsofpeace.news>.

If you are aware of any omissions or errors in this list, please contact the editors through the site email:

[editor@seedsofpeace.news](mailto:editor@seedsofpeace.news).

This is one of the four lists of the published forms of media that are focused on Joseph's Visions and Teachings available on the *Connections* page. Their titles are:

- Seeds of Peace newsletter Contents.
- Audio Recordings of Beautiful Painted Arrow, Joseph Rael.
- Books by Joseph Rael and his co-authors.
- Videos and DVDs featuring Joseph Rael, Beautiful Painted Arrow.

